

ADDENDUM 3:

SARU REGULATIONS FOR UNDER-AGED RUGBY:

Under-Aged Non-Front Row Players in Club U20 Rugby

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Addendum 3, as per the above, applies to the following SARU Rugby Safety Regulations:

- **SARU REGULATIONS FOR UNDER-AGED RUGBY: ADULT RUGBY**
- **ADDENDUM 2: SARU REGULATIONS FOR UNDER-AGED RUGBY: SEVENS RUGBY**

In keeping with Clauses 9 and 10 of the same, additional consideration will be made in respect of Clause 1 of the **SARU REGULATIONS FOR UNDER-AGED RUGBY: ADULT RUGBY**.

Clauses 1, 9 and 10 from the **SARU REGULATIONS FOR UNDER-AGED RUGBY: ADULT RUGBY** are inserted directly below in italics for ease of reference:

Clause 1 from the **SARU REGULATIONS FOR UNDER-AGED RUGBY: ADULT RUGBY**:

Players younger than 18 years old shall not be allowed to play U20 or senior rugby in any position, at any level of rugby under the auspices of SARU or any of its provincial unions, except as provided for in regulation 5 below.

Clause 9 from the **SARU REGULATIONS FOR UNDER-AGED RUGBY: ADULT RUGBY**:

Any reference made with regards to age refers to the age of the player on the first day of January of the specific year in question e.g. if required to be 19 years of age, the player would have to be 19 years old on the first day of January of that specific year.

Clause 10 from the **SARU REGULATIONS FOR UNDER-AGED RUGBY: ADULT RUGBY**:

A province, club, rugby body or school shall adopt these regulations, and amendments thereto shall only be permitted if it is more stringent on its members.

Addendum 3 applicable to Clause 1 of the **SARU REGULATIONS FOR UNDER-AGED RUGBY: ADULT RUGBY**:

1. Clause 9 of the **SARU REGULATIONS FOR UNDER-AGED RUGBY: ADULT RUGBY** applies to this Addendum 3
2. For additional clarity on Clause 9 of the **SARU REGULATIONS FOR UNDER-AGED RUGBY: ADULT RUGBY** referred to above, and if applied correctly, for example, a player who is required to be 18 years old on the 1st day of January of that particular year in question, has to either be turning 19, or must have turned 19, during that year, which terminates on the 31st of December. In other words, in this example, the player must be 19 on the 31st of December of that year.
3. With the above clarification in mind, prior to a 17-year old player, who turns 18 years old during the year in question, as per Clause 9 of the **SARU REGULATIONS FOR UNDER-AGED RUGBY: ADULT RUGBY** and Clause 2 of this Addendum, being selected to a squad in any non-front row position only, in a Club U20 or Community level U20 rugby league, competition or match, and before participating in any training activities relating to such squad, the following process must be followed and documentation must be obtained, kept on file/record, and must be controlled for and signed off by the Provincial Rugby Union to which the Club is affiliated:

- 3.1 Voluntary assumption of risk and an indemnity signed by the player (*standardised document required*);
- 3.2 If younger than 18 at the time of application, and in keeping with Clause 6 below, the parents or the legal guardian of the player have/has to consent in writing and sign an indemnity form (*standardised document required*);
- 3.3 Written confirmation from a Sports Medical Practitioner that the player is in an appropriate physical condition and is medically suited to play Club U20 or Community level U20 rugby only, in the non-front row position(s) applied for, and this shall include a complete rugby-specific medical assessment and report, and an official clearance letter (*standardised documents required*);
- 3.4 Confirmation from a SARU accredited High-Performance testing centre alone has to confirm in writing that the player is appropriately conditioned to participate in Club U20 or Community level U20 rugby only, in the non-front row position(s) applied for, which testing data in any event shall not be less than the categorised reference data for those non-front row position(s) applied for, in a Club U20 or Community level U20 rugby setting. This reference data will be provided by SARU to the accredited High-Performance testing centres for their assessment of the players (*standardised documents required*);
- 3.5 Confirmation in writing from a qualified World Rugby level 2 rugby coach, or provincial rugby coach with an equal or better coaching qualification, that the player has the requisite skills and experience to play safely in a Club U20 or Community level U20 rugby setting only, in the non-front row position(s) applied for, and that they are at no more risk of catastrophic injury than those players who are eligible to be there (*standardised document required*);
- 3.6 The Provincial Rugby Union's General Manager of Amateur Rugby or equivalent position has to sign off on and confirm that these players have met the criteria stipulated above for participation in Club U20 or Community level U20 rugby, in the non-front row position(s) applied for (*standardised document required*).
- 3.7 The standardised documentation templates required in Clauses 3.1, 3.2, 3.3, 3.4, 3.5 and 3.6, will be provided to the Provincial Rugby Union for use in obtaining the above. Only these signed off documents, where applicable, will be deemed as acceptable.
- 3.8 The player shall not be allowed to participate in any training session or match for an intended Club U20 or Community level U20 rugby squad or team until the aforementioned documentation is on record at the respective Provincial Rugby Union's offices.
- 3.9 The above waiver application process and clearance for under-aged players to play in Club U20 or Community level U20 rugby only, is not available to any front row position(s), and is only available to non-front row position(s)

4. Seventeen (17) year old players, as per Clause 9 of the **SARU REGULATIONS FOR UNDER-AGED RUGBY: ADULT RUGBY** and Clause 2 of this Addendum, who turn 18 years old during the year in question, and if cleared to do so, are only allowed to participate in Club U20 or Community level U20 rugby, in the non-front row position(s) applied for. This is however only applicable if they have been cleared and have been signed off by the Provincial Rugby Union's General Manager of Amateur Rugby or equivalent position for having met the terms and conditions as set out in Clause 3 of this Addendum.
5. A copy of the signed off Provincial Rugby Union clearance documentation as stipulated in Clause 3.6 above, has to be provided by the player to the match referee(s) for review before every Club U20 or Community level U20 rugby match in which the cleared player(s) above may participate in during the year in question.
6. At no point will players, as per Clause 9 of the **SARU REGULATIONS FOR UNDER-AGED RUGBY: ADULT RUGBY** and Clause 2 of this Addendum, who are either younger than 17 or who turn 17 years old during the year in question, be considered for a waiver application or clearance, to participate in a Club U20 or Community level U20 rugby league, competition or match.
7. Any costs attached to the waiver application or clearance processes in Clause 3 of this Addendum, are for the player(s), the applying rugby club's, or the Provincial Rugby Union's own accounts. SARU at no time will be held responsible or accountable for covering these costs.